

Varsity Voice

THE OFFICIAL VOICE OF THE VARSITY COMMUNITY ASSOCIATION



OCTOBER 2026 | Brought to you by Suburban Journals | www.SuburbanJournals.ca



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What's Inside

Fall Programs: Ongoing Registration • Varsity Open Stage Night: Oct 9 •
Scholarship Winners

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A NEW SEASON OF LIVE MUSIC!

Varsity Open Stage Night

Friday, October 9, 2026

7:00 to 10:00 pm

Varsity Community Centre

4303 Varsity Drive NW

Come out and enjoy live music/performances by local talent in an all-ages venue. Doors open at 6:15 pm and Open Mic sign-up is 6:30-6:45 pm. At 7:00 pm, **Red Porch Ramblers featuring Randy Sawatzky, Dave and Charlotte Poulson**, will start the evening with a 30-minute set. For Open Mic, there will be two sessions of three to four performances, two songs each (10 min max), running from 7:30 - 8:15 pm and 9:00 - 9:45 pm. In between the Open Mic sessions, we will have a 45-minute set by feature performers **The Pannettones, a three piece acoustic vocal group with Karen Storwick, Steve Pannett, and Barb Williams**. A full sound and lighting system and refreshments will be provided. A \$10/person Goodwill donation is appreciated and covers the cost of snacks, hall and sound system rental, with the balance going to the VCA. Contact Sue (suehaukedesign@icloud.com) for more details, or if you would like to be added to our mailing list.



OCTOBER READER SURVEY - FILL OUT FOR A CHANCE TO WIN A \$50 GIFTCARD!

Prize of the Month:

\$50 Cadillac Fairview Giftcard



Congratulations to the winner of our September Draw: **Christopher C** from **Royal Oak**

Fill out the survey attached to the QR code for your chance to win!



or visit:

suburbanjournals.ca/2026-survey

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TERMS AND CONDITIONS

- The winner will be notified on October 12th and has 24 hours to claim their prize and provide proof of residence, or a new winner will be selected.
- Open to residents in the following areas only: Bears paw, Harmony, Rocky Ridge/Royal Oak, Rockland Park, Scenic Acres, Silver Springs, Tuscany, Valley Ridge, Varsity
- One submission per person. The winner's first name and last initial will be published in the next newsletter and on the website.

Soccer in the Community

CMSA League
Ages 6-19

OUTDOOR

Spring: May-Jun
Summer: Jul-Sep

INDOOR

Fall: Oct-Dec
Winter: Jan-Feb
Prep: Mar-Apr

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Varsity Voice

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 The ad booking deadline is the 14th of the month prior to the distribution month.

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In Our Community

VCA PROGRAMS

FALL 2026

Registration is now open

www.vcacalgary.com

CHILDREN'S PROGRAMS

- Children's Art Class
- Chinooks Grassroots Soccer (3yrs-8yrs)
- Sportball (18mos-5yrs)

ADULT PROGRAMS

- Tai Chi – Beginner & Intermediate
- Human Reformer Pilates
- Qi Gong
- Hatha Yoga

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part of our community!
The Suburban Journals Team



VARSITY CIVIC AFFAIRS COMMITTEE REPORT

132 Varsity Estates Place NW

The land use redesignation (rezoning) application for this property from R-CG to H-GO has been withdrawn. The developer substituted a development permit application under R-CG zoning which we believe to be inconsistent with the City's normal procedures. The affected neighbours and community association were not advised of this change. The decision to not require a new development permit (DP) was appealed. Arguments will be heard by SDAB on September 29, 2026.

The DP was approved on August 24, 2026 and has been appealed. The procedural and jurisdictional hearing will be held on September 29, 2026. Note these are 2 different appeals and the first appeal will be held before the second appeal. A decision on the first appeal is likely to be made on September 29. For the second appeal, a date for a merit hearing will be set for later in the fall.

SDAB Hearing – 5004 Valiant Drive NW

This SDAB appeal hearing was held on June 25 and unfortunately, the Board approved the development permit for a rowhouse subject to a few new conditions. This is extremely disappointing as this development will have a very negative impact on the affected neighbours. Shortly after, the developer put the property up for sale.

SDAB Hearing – 4228 Voyageur Drive NW

This SDAB appeal hearing for this mid-block townhouse development was held on July 23 and we are awaiting a decision.

SDAB Hearing – 4508 Vandergrift Crescent NW

A development permit for a rowhouse was approved and the procedural and jurisdictional hearing will be held on September 15, 2026. At that time, the Board will select a date for the merit hearing. You can go to <https://www.calgarysdab.ca/home.html> for more details about any appeal.

SDAB Hearing - 4803 Vienna Drive NW (5125 Vandoos Road NW)

A development permit for a rowhouse was approved and the procedural and jurisdictional hearing will be held on September 22, 2026. At that time, the Board will select a date for the merit hearing.

4619 Virginia Drive NW

This application for a semi-detached dwelling is under consideration and Planning Department has

requested numerous revisions to the plans as there are excessive relaxations.

8 Varshaven Place NW

This property was subdivided and applications for 2 single family dwellings have been made. We will carefully review these plans and their impact on the neighbours. If there are relaxations they will likely be appealed to SDAB.

1257 Varsity Estates Road NW

This property was subdivided and 2 single family dwellings were approved. Subdivisions cannot be appealed. Single family dwellings are a permitted use and can only be appealed if there are relaxations.

Development Applications in Varsity

We have had numerous applications for development permits, subdivisions, and land use redesignations. To view plans, go to <https://developmentmap.calgary.ca/> and click on the property in question. The City no longer advertises applications in local newspapers. They are posted on their website under Public Notices and for some permits a small sign will be placed on the property.

If you are able, all neighbours who have appealed to SDAB are in need of donations to cover legal costs. Contact me and I can put you in touch with the fundraisers.

Repeal of Blanket Rezoning

As of August 4, 2026 all properties in Calgary reverted back to their previous zoning of RC1, RC2, etc. There are a few properties that are exempt from this revision. We have 2 properties in Varsity that were exempted in error and we will try to get this corrected in a follow-up bylaw.

The Calgary Plan to Replace the MDP

The City is proposing to amalgamate the Municipal Development Plan and the Calgary Transportation Plan into a new statutory document called The Calgary Plan. This is the overall visionary document for planning, growth, housing, mobility, climate action, and community building in the City for the next 30 years. To view the summary of the plan go to: <https://www.calgary.ca/planning/city-building-program/city-building-program/the-calgary-plan.html>. More thought needs to be given to the wording in the Plan and respecting the wishes of the public is critically important.

Restrictive Covenants

Restrictive Covenants are an agreement between neighbours that limit the type of development that can be built on their properties. This is an effective way to preserve the character of neighbourhoods. More information can be obtained at www.varsityrestrictivecovenant.com.

Playgrounds

This has been put on hold due to other pressing commitments. We will aim to hold a first meeting in the fall, likely October. Email if you are interested in becoming involved.

For information contact JoAnne Atkins, Director of Civic Affairs, at joanneatkins@shaw.ca. Due to a large number of issues, there may be delays in responding to email inquiries. If you do not hear back from me within a few days, please email again.



Varsity
Christmas Craft Sale

Friday Nov 13, 2026
2:30 p.m. - 6:30 p.m.

Saturday Nov 14, 2026
10:00 a.m. - 3:00 p.m.

Over 50 creative and innovative vendors
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Discover Tai Chi through slow, gentle movements that can help support balance, mobility, coordination, and relaxation. This welcoming introductory class is suitable for all levels, and no previous Tai Chi experience is needed.

Join us this November, meet the instructor, and experience Tai Chi for yourself. Come as you are, move at your own pace, and enjoy!

Stay tuned for the date and time.

VCA COLLECTING FOR THE VETERANS FOOD BANK

Thank you for your continued support for the Veterans Food Bank. Due to the generosity of Varsity residents, Pickups are now the 1st Wednesday of every month.

VARSITY CHILDCARE

Current Requests Currently accepting wool & material only.

Contact: childinfo@vcacalgary.com 403-247-1145 ext. 2

In Our Community

SCHOLARSHIP WINNERS 2026

Gord Smith Memorial Scholarship

This scholarship was created in memory of Gordon (Gord) Christopher Smith who managed the Varsity Community Association from 1997 to 2017. Gord believed in the importance of both education and sport for youth and was actively involved with a number of sports organizations throughout his career. The scholarship is awarded annually to Varsity Area grade 12 students continuing on to post-secondary education who have achieved both academic excellence and participation or excellence in sport.

We would like to take this opportunity to thank all the applicants this year. It was an extremely competitive group again this year, and we congratulate Claire Villeneuve and Graeme Kraatz on being selected as recipients for 2026.

Alex Amsterdam Annual Scholarship

This scholarship was named in memory of Alex Amsterdam, an active community volunteer and former member of the VCA board. The scholarship recognizes graduating grade 9 and 12 students for their commitment to citizenship and volunteerism in their community.

We would like to take this opportunity to thank all the applicants this year. It was an extremely competitive group again this year in each grade. We would like to congratulate Grade 9 recipient Karissa Louis, Grade 12 recipients Alyssa Zimmer and Marlena Kuret on being selected as for 2026.

OCTOBER COUNCILLOR REPORT - KIM TYERS



In the Community

As we head into October, I am wishing the community a Happy Thanksgiving and festive Halloween season.

Fire prevention week is from October 4-10 this month. Join the Calgary Fire Department at their events to learn more. For more information, visit calgary.ca/firepreventionweek.

Now that everyone is back to school, please be mindful of bus zones and keep them clear. Bus zones are safety zones that ensure children can load and unload safely. Learn more at calgaryparking.com/safeschools.

Listening to Residents

Do you have comments or concerns about what's happening in Ward 1 and across the city? Fill out a short survey at <https://forms.gle/s3PwPWftmqRkw6gp7>.

The City of Calgary is proposing changes to the city's flood bylaws. I advocated for more engagement with Bowness residents. If you will be impacted, I want to hear from you at <https://forms.gle/S6GCdbWi5fVbkcQo8>.

Supporting Residents Through Construction

Construction for the Bearspaw South Feeder Main remains on schedule and is expected to continue along 34 Avenue NW until the end of the year. I visited the construction site in the Summer, and was impressed at the efficiency and care of this project.

I know construction can be disruptive and I am focused on ensuring residents have the support and information they need.

Resources are available at the Community Resource Centre at the Bowness Community Association. For questions, please email BSFMPProject@calgary.ca.

Serving You at City Hall

Council deliberations for the 2027-2030 Business Plans and Budgets are happening in November.

My focus is ensuring Calgarians have reliable vital infrastructure, affordability, and safe streets.

Do you have thoughts on what Council should prioritize in the upcoming budget? Please email ward1@calgary.ca.

Kim Tyers Councillor, Ward 1

✉ ward1@calgary.ca ☎ 403.268.2430

📷 <https://www.instagram.com/kim.tyers/>

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OPERATION CHRISTMAS SHOEBOX

The children are looking forward to packing and wrapping 25 shoeboxes to be sent overseas. Childcare is accepting donations until Nov 1st. Donations can be dropped off at the main office.

More information and donation ideas: www.vcacalgary.com



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	Where can I ride?	How old do I need to be?	How fast can I go?	Are license and registration required?	What else should I know?
E-Bike 	Roadways, bike lanes, and pathways NOT permitted on sidewalks	12+	32 km/h or posted pathway limit if lower	No	Must have fully operable pedals and a motor of 500W or less
Shared E-Scooter 	Bike lanes, sidewalks, and pathways NOT permitted on roadways	18+	20 km/h or posted pathway limit if lower	No	Only one rider at a time is permitted
Personal E-Scooter 	Pathways only NOT permitted on roadways, bike lanes, and sidewalks	No age restrictions	20 km/h or posted pathway limit if lower	No	Only one rider at a time is permitted
Moped 	Public roadways	16+	70 km/h	Yes. Both a driver's license and insurance are required	Must have a CMVSS compliance label
E-Dirt Bike 	N/A Illegal on public roadways, bike lanes, sidewalks, and pathways			E-Dirt Bikes cannot be registered or insured	Only permitted on private property
Mini Motorcycles 	N/A Illegal on public roadways, bike lanes, sidewalks, and pathways			Mini motorcycles cannot be registered or insured	Only permitted on private property

Helmets should always be worn when riding a bike, scooter, or small electric vehicle.

WINTERIZING YOUR HOME - A HOMEOWNERS CHECKLIST

Sponsored By Gutter Doctor

As we all know, proper home care can sometimes feel like a part time job without pay. However, regular seasonal maintenance will help ensure longevity of finishes and prevent costly repairs. Here is a quick checklist to ensure your home is ready for another Alberta winter.

Interior Preparations

- Service your furnace: Schedule a professional inspection and replace your furnace filter.
- Protect your pipes: Insulate exposed plumbing in basements and crawl spaces to help prevent freezing.
- Check windows and doors: Seal drafts with caulking or weatherstripping and make sure your attic insulation is adequate.

Exterior Preparations

- Clean your gutters: Remove leaves, dirt and debris before winter arrives. Clogged gutters can trap water and contribute to ice buildup during Alberta's freeze-thaw cycles, potentially damaging shingles, gutters and siding and contributing to roof leaks. Leaking gutters can cause slippery ice patches on the sidewalks and driveway.
- Check downspouts: Make sure they are clear and directing water away from your home's foundation.
- Consider gutter guards: If your gutters frequently fill with leaves and debris, gutter guards can help reduce maintenance.
- Prepare your yard: Drain outdoor faucets and irrigation systems, store hoses and secure patio furniture. Trim dead branches that could fall during winter storms.
- A clean, clear gutter system is one of the simplest ways to help protect your home through the winter. When in doubt, call a professional as working on a roof or ladder can be dangerous.



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- Top producing agent in the Varsity Community for 2023 & 2024
- For 2025, Assisted in 10 transactions totalling over \$10MM in value
- Top 10 Agent within Remax Mountain View office in 2025 (120+ Agents)
- Varsity resident for 35 years
- Current member of the Varsity Civic Affairs Committee
- Active volunteer in the Community (Varsity Annual Garage Sale & Scouts Canada)

WHAT'S HAPPENING IN CALGARY IN OCTOBER

Halloweenkends at Calaway Park

Weekends until October 12th | Calaway Park
Halloweenkends is a display of Halloween themed scenes that run through the south side of Calaway Park, known as Hallotown. Guests are encouraged to dress up in costume and discover the spooky scenes, attend magical meet and greets, and watch the Halloweenkends Parade. The park is open from 11am to 5pm on Saturdays, Sundays, and Thanksgiving Monday.

Granary Road Fall Fair

Open 7 Days A Week 9AM - 5PM | 226066 112 Street West, Foothills County, T1S 5S5
Enjoy Outdoor Family Fun including a mini golf course, playgrounds, bakery/cafe, model train exhibits, and a tour of the The Fabulous & Fantastic Farm to learn about the Agricultural history and future of Alberta. Located 15 minutes south of Calgary.

WinSport (COP) Pumpkins After Dark

September 25th - October 31st | 88 Canada Olympic Road SW
"Explore the magical pathway of lit pumpkin sculptures and displays, with music, sounds and special effects. With classic Halloween characters, dinosaurs and dragons, movie and pop culture icons – this family

friendly event has something for everyone." Winsport Website

Christopher Cool Halloween Magic Show

October 25th, Showtimes at 2pm and 3:30pm | Dalhousie Community Association
Christopher Cool is a local magician that specializes in entertaining children and family audiences with his interactive, high energy and funny magic shows. This show is best suited for children aged 5-8. Ticket prices are \$20 per family in advance, and \$25 at the door. Visit dalhousiecalgary.ca/events/magicshow to book your tickets.

Twins, Triplets, and More Association - Childrens Clothing & Gear SALE

October 17th - 10AM - 2PM | The Genesis Centre - 7555 Falconridge Blvd NE
Calling all parents! This is Calgary's largest sale of gently used baby up to teen clothing and gear sale. Enjoy free entry where you can discover great deals on nearly every kids items you need. This incredible sale is powered entirely by dedicated volunteers who share one goal: Helping Calgary families access affordable, quality used items for their children & grandchildren.

MLS REAL ESTATE Stats



VARSlTY MLS Real Estate Stats				
SALES	VARSlTY		CALGARY	
5/16/2026 - 9/15/2026	Homes	Condos	Homes	Condos
Total Number of Sales	34	44	4,957	2,693
Average Sale Price	\$983,621	\$395,465	\$794,644	\$393,415
Highest Sale Price	\$1,975,000	\$1,340,000	\$7,686,000	\$3,761,500
Lowest Sale Price	\$620,000	\$130,000	\$235,000	\$102,000
Average Days on Market	30	40	34	47
Home Sq Ft Average	1,759	1,130	1,736	1,074
Sold Price per Sq Ft	\$576	\$369	\$465	\$368

Source: CREB May 16, 2026 - September 15, 2026

Midterm Elections Are Coming— Time to Review Your Financial Plan

In November, Americans will vote in the midterm elections. While the outcome shouldn't panic you, it's the perfect time to make sure your investments and financial plan are properly positioned. Here's what you need to know.

Americans will vote in November midterm elections, electing all 435 House seats and 35 Senate seats. Historically, the sitting president's party loses House seats. Current conditions suggest Republicans face challenges: President Trump's approval rating remains below 50 percent, and 57 House seats are open with no incumbent running.

Independent Voters Decide Races

Approximately 45 percent of voters now identify as independent, up from 27 percent in 1988. Recent polling shows shifting sentiment among this crucial group. An April 2026 AP-NORC poll found 62 percent of independents disapprove of President Trump's handling of inflation, and 51 percent disapprove of his economic performance. Concerns about ongoing inflation are driving these shifts.

Historical Market Patterns

- Stock market data during midterm cycles reveals clear trends:
- Midterm election years are weak, with the S&P 500 averaging just 3.3 percent
- The following year is typically strong, averaging 14 percent gains
- Corrections followed by recovery are common: over 23 midterm elections since 1934, the S&P 500 declined an average of 20.8 percent in the 12 months before elections, then recovered and reached new highs 74 percent of the time.

Focus on Fundamentals

While elections create performance patterns, economic fundamentals—corporate innovation, Federal Reserve policy, and earnings—drive stock prices more significantly than recessions. Now is a great time to assess whether your portfolio is positioned for volatility and recovery, and whether your investments align with your goals and timeline.

About the Author

Rob Greenidge is a Senior Portfolio Manager & Financial Planner with RBC Dominion Securities. A native Calgarian, Rob offers personalized investment and wealth planning for affluent Calgarians, backed by the strength and breadth of RBC Wealth Management. He provides clear strategies to grow, maintain and protect your wealth now and for future generations.

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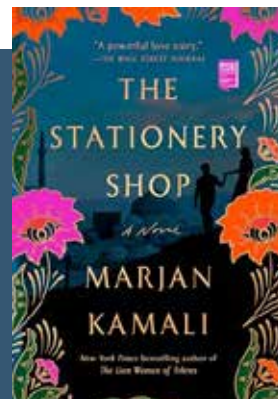
Book OF THE MONTH

THE STATIONARY SHOP



BY MARJAN KAMALI

Published: 2019 • 312 pages
Contributions by MK



If you're looking for a good, clean romance to cozy up on the couch with this fall, *The Stationary Shop* by Marjan Kamali will not disappoint! I struggle to find solid romance novels for recommendation as they often are overly gratuitous, but I am pleased to say this novel can be enjoyed by varying ages and demographics, and goes so much deeper than a whimsy romance.

The novel is set in 1950s Iran as the country is in a politically tumultuous period and pushes for democratic rule are challenged at every turn. The westernization of the country leads to rapid granting of freedoms and elevation of women's status in society. Main character Roya, a 17 year old is drawn day after day to Mr. Fakhri's bookstore for poetry inspiration and reprieve from the ongoing social instability. It is there that she is introduced to Bahman, a passionate young man with a complicated family history. The couple is quickly swept up in a passionate romance, and engaged to be married later in the year. However, familial tensions and rigid class segregation enforced by Bahman's mother threatens their love. The two still plan to wed in secret, until a Coup D'Etat separates them, and Bahman never shows up. After attempts to reach him are thwarted, Roya tries to move on from her first love and attends University in America. There, she then meets another man and settles down into a new life. That is, until, 60 years later, her path once again intertwines with Bahman. Finally, she receives answers to the questions that have been plaguing her for decades. What truly happened that day they planned to wed? Why didn't he show up? And what could have been between the two?

The Stationary Shop is a rare find; a romance at its core, however, the novel also intertwines so much factual history of the past century in Iran and cultural education. I enjoyed learning about the country's customs, and the perspective of an immigrant tasked with adopting Western norms. Further, this novel intertwined topics of severe mental health, class

division, family dynamics, unimaginable loss, and personal redemption through the many characters and storylines we follow. I enjoyed this relatively quick novel, and was impressed with how effortlessly Kamali was able to touch on so many important issues.

The executive editor at Suburban Journals Publishing selects the featured book of the month and writes the review.

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Suite 226 Market Mall Professional Cntr.
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HAPPY THANKSGIVING!

This month's recipes honour the holiday and both include a seasonal favourite - pecans. The cheese ball appetizer is a nod to the past and you can't miss with a recipe that includes goat cheese, pecans, and dates. Pecan squares bring the holiday tradition and assist the person wanting to have the smallest of portions, as well as the indecisive person who wants just a taste of pecan pie as well as the other offerings of pumpkin, apple, or chocolate that are likely available. Enjoy!

Cheese Balls:

onceuponachef.com/recipes/cheese-ball

Pecan Squares:

onceuponachef.com/recipes/pecan-squares



The editorial team at Suburban Journals Publishing selects the recipes each month after personal testing and review.

Seniors

YOU'RE INVITED!

The Legacy Bears of Kananaskis

BY KEN HOOVER

A fascinating look at the bears of Kananaskis, their habits, habitats and the lasting legacy they leave on our wild places.

I am a fourth generation Calgarian

Thursday,
October 22, 2026

2:00 PM

Northern Lights Theatre
Rocky Ridge Retirement Community

If you are interested in attending, please call Rocky Ridge Retirement Community and secure your spot.

403-930-4848

— DRINKS AND SNACKS WILL BE SERVED. —

In Our Community

COMMUNITY GATHERING AND ENTRYWAY VOLUNTEERS NEEDED

We have recently added a new lead volunteer for our Gathering and Entryway spaces for VCA. Dana Furlong has taken on Volunteer Coordinator.

A sincere thank you to Jan Geggie and Donna Fallon who had been supporting these spaces for many years and to our current volunteers, all your efforts are appreciated.

The Connecting Varsity People, Places and Pathways Project was initiated in 2009 and is endorsed by the Varsity Community Association. It consists of five Gathering Places and two Entryway spaces. This project was created to enhance Varsity's neighbourhood, and the ongoing care and beauty of these spaces is made possible through the support and dedication of.

The Gathering Spaces and Entryway Gardens are located at:

1. Varsity Estates Road
2. 53 Street before it bends toward Market Mall
3. Shaganappi Trail & Valiant Drive across bridge from 7-eleven
4. Varsity Drive & Shaganappi Trail Entryway
5. 53 Street Varsity Ravine
6. 37 Street & Varsity Drive
7. 40 Avenue Entryway

We are reaching out in search of some additional volunteers to help Dana with the fall and spring clean-ups. If this is of interest to you please email

Dana at vcagatheringspaces@gmail.com

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I R I S

Meet our doctors



OPTOMETRIST

Dr. Jason Hauck

Dr. Hauck earned his Doctor of Optometry degree from the University of Waterloo and pursued additional training in cornea, retina, and glaucoma care.

Outside the clinic, he enjoys spending time with his wife and three daughters, camping, skiing, and playing sports.



OPTOMETRIST

Dr. Priyesh Tawar

More popularly known as Pri or Dr. Pri, was born and raised in Regina. He graduated from the Inter-American University School of Optometry in San Juan, Puerto Rico, and then moved back to the Prairies to start practicing optometry in Alberta.

When he's not in the office, Dr. Pri spends most of his spare time with his wife and son.



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CORPORATE MEMBERSHIPS

Our Bronze Membership will be for smaller businesses looking to get some initial exposure to VCA members and residents.

- \$75 annually, runs from September 1 to August 31
- Listed on our website as a Bronze Member, bulletin board at VCA
- Able to offer discounts to approximately 1500+ VCA Members
- Listed on Corporate Member page in the Varsity Voice reaching 6500+ households.

Our Silver Membership for businesses

- \$175 annually, runs from September 1 to August 31
- Includes Bronze benefits plus
- 5% discount on Varsity Voice ads
- 1x per year corporate profile in Varsity Voice
- E-Newsletter profile 1x per year (VCA Members subscribed to e-newsletter)

Our Gold Membership for businesses

- \$250 annually, runs from September 1 to August 31
- Free tickets to one paid VCA event
- Includes all silver and bronze benefits plus
- Onsite Advertising opportunities (Rink Boards, Tennis Court, Room Naming) *

*Some additional fees may apply to development of rink and tennis courts signs at members' expense.

FEATURED MEMBERS

JOYRIDE AUTOMOTIVE

Joyride has been a VCA Corporate Member for 3 years. Joyride automotive is one of the premier automotive centres in the city of Calgary and locally operated right here in Varsity. Check them out on our website for more information.

DANCE FITNESS by Ruth Winnitoy

Ruth has been a Corporate Member with VCA for three years. The Dance Fitness Class offers fun, fitness and friendship in this all-ages class that helps you love your workout, so results come easy. Check this out on our website for more information and email address for you to register.

CORPORATE MEMBERS

Gold Members

Colin Ongyerth – Realtor Remax
H2OKnow Water Group Ltd.
Joyride Automotive
Livia McCabe – Realtor Remax
Marble Slab Creamery Varsity
South West Chinooks Soccer
Spirit of Math Schools Calgary NW
Vaughan Mealey Cornerstone Real Estate Group

Silver Members

Dance Fitness by Ruth Winnitoy
Dance Through Life
Hande Law
My Home Ally
Sportball
The Calgary Dance Club
Varsity Open Stage

Bronze Members

Martino Durando
Pietas Home Support
TechWest Consulting Inc

More info at www.vcacalgary.com



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